

*"To empower you in
discovering safe &
efficient ways of
moving for a desired
function."*

Meena

MEENA NARULA, M.S., P.T.

PRACTITIONER: *The Feldenkrais Method®*

Specialist in designing individualized exercise programs to restore/optimize function while minimizing pain & disability

- Received the 1996 Outstanding Physical Therapist of the Year Award.

Professional Experience

- 25 years experience in the tri-county area in a variety of medical settings; hospitals, nursing homes, home health care and out-patient clinics.
- In private practice since 1977
- Former Instructor, Macomb Community College

Educational Qualifications

- Certificate from a four-year Guild accredited training program in the Feldenkrais Method (Movement Program)
- Master's Degree in Exercise Science, Oakland University
- Cranio-Sacral Therapy Upledger Institute
- Diploma: Physical Therapy New Delhi, India

Research

- Currently involved in ongoing research. Has published original research.
- Regularly presents at the APTA and at The Feldenkrais Guild® Annual Conferences.

Community Education

- Extensive talks both personally and on the air related to arthritis, chronic pain and injury prevention.

Professional Affiliations

- Member MPTA, APTA and The Feldenkrais Guild.

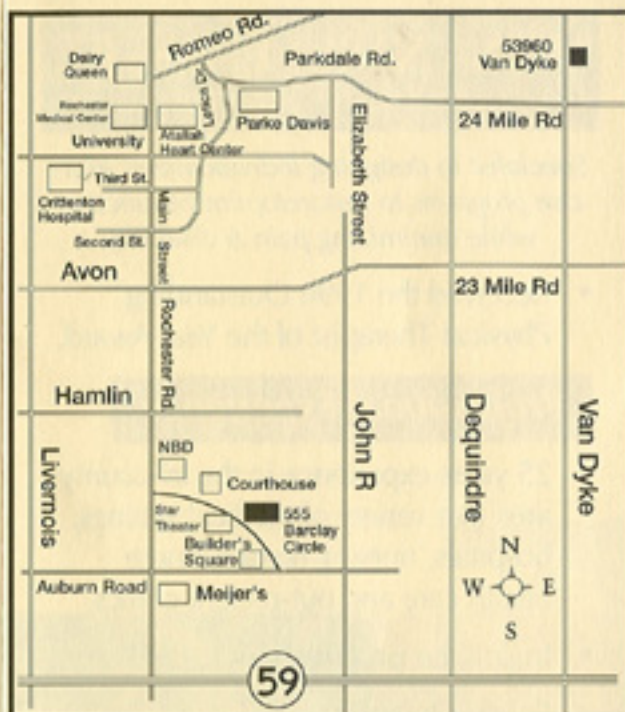
Community Affiliations

- Member Arthritis Foundation
- Former member, Board of Directors HAVEN.
(A shelter and counselling center for violent encounters.)



Meena received the 1994 "Star's of Hope" Award from the Arthritis Foundation® of Michigan, CHAPTER METRO DETROIT BRANCH. The award recognizes her as an outstanding individual in the field of Rheumatology who has made significant contributions in the areas of research, community service and public information and education. . . "and Meena has contributed not only through her assistance to patients, but also by example, as she herself is afflicted with rheumatoid arthritis."

from "Stars of Hope" Awards Program



BARCLAY PHYSICAL THERAPY, INC.

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Barclay Physical Therapy awarded the
**1997 Outstanding Physical Therapy Facility
of the Year Award**

Move
Easily
Effortlessly
Now &
After



SPECIALIZING IN FUNCTION RESTORATION

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